

Short memorable Sentences, worthy of continual Meditation, Observation, and Remembrance.

Made, Gathered, and Collected by Henry Jackson.

BE Righteous.
Be Sober.
Be Godly.
Be Gracious.
Be Affable.
Be Kind.
Be Courteous.
Be Diligent.
Be Patient.
Be loving.
Be Humble.
Be Faithful.
Be Trusty.
Be Careful.
Be thankful.
Be Helpful.
Be Tender-hearted.
Be Merciful.
Be wary.
Be Warned.
Be Admonished.
Be Continent.
Be Temperate.
Be Peaceful.
Be Charitable.
Be Penitent.
Be Conscientious.
Be Obedient.
Be Silent.
Be Studious.
Be Magnanimous.
Be Constant.
Be Provident.
Be Prudent.
Be Innocent.
Be Modest.
Be Chaste.
Be Grave.
Be Content.
Be Vertuous.
Be Just.
Be Mortified.
Be Cheerful.
Be Thrifty.
Be True.
Be Quiet.
Be Down-right.
Boast not.
Love Wisdom.
Beg Understanding.
Pray always.
Do Good.
Fly Evil.
Always Fear.
Lie not.
Redeem Time.
Slander not.
Murmur not.
Give, Forgive.
Worship God.
Fear Him.
Love Him.
Be His.
Wait Patiently.
Suffer Gladly.
Forgive All.
Despise None.
Scorn Contempt.
Hate Hypocrisy.
Be Patient.

SEEK things honest.
Trust not Vanities.
Fly Worldly things.
Resist the Devil.
Watch thine Heart.
Fly ill Example.
And give none.
Meditate on Death.
—Judgment.
—Heaven.
—Hell.
Love nothing over much.
Still shun Excess.
Keep a Mean.
Judge thy self.
Judge no man.
Honour thy Superiours.
Love thy Equals.
Respect thy Inferiours.
Treasure up Knowledge.
Keep God's Commands.
Love thine Enemies.
Trust in God.
Be not Envious.
Beware thy Self.
Entertain no Evil.
Give none Offence.
Follow thy Calling.
Sift thy Actions.
Repent at Night.
Bewail thy Slips.
Confess thy Errors.
Utterly detest them.
Desire God's Grace.
Pay thy Vows.
Sacrifice thy Heart.
Promise with Resolution.
Speak with Wisdom.
Slip no Opportunity.
Defraud no man.
Injure no man.
Mock no man.
Do nothing unseemly.
Nothing without forethought.
Try, then Trust.
Prove all things.
Follow what is Good.
Bear Afflictions patiently.
Give God thanks.
Take all well.
Interpret nothing ill.
Account Godliness gain.
Seek Heaven first.
Wait God's Leisure.
Admire God's Works.
Advance his Glory.
Magnific his Name.
Turn from Sin.
Turn unto God.
Call upon Him.
Acknowledge thy misery.
Beg his Mercy.
Praise his Name.
Shun Profane Babbling.
Avoid curious Questions.
Reprove with mildness.
Desire God only.
Nothing besides Him.
With Him begin.
With Him end.

GIVE every one their due.
Know only things necessary.
Love only things worthy.
Do only things honest.
Speak only things profitable.
Think only things Godly.
Commit thy wayes to God.
Remit the offences done thee.
Submit to God's will.
Repine not at any thing.
Think thy present estate best.
Compare it with thy Inferiours.
In all Estates be content.
Do nothing unbeseeming a Christian.
Regard not what men say.
Look rather to thy Conscience.
Look forward and backward.
Be what thou seemest.
Seem as thou art.
Be what thou oughtest.
Live as thou wouldst die.
Read the Word of God.
Meditate on't day and night.
Turn Meditation into Practice.
At the worst despair not.
God cannot but be good.
In no case presume.
God cannot but be just.
Seek God's loving Favour.
Rest only in it.
Be not drawn away.
Shun the occasions of Evil.
Take all occasions of doing good.
Shun the very appearance of evil.
Be at no time secure.
Forgive freely multiplied Injuries.
Leave Revenge unto God.
Think not Sin will go unpunished.
Do all things as in God's presence.
Neglect not thy most precious part.
Account thy self nothing.
Grieve for other men's Sins.
Be thankful for good Counsel.
Suffer the Rebukes of an Enemy.
Use this World as if you us'd it not.
Turn not from the right way.
Look well to your wayes.
Grow alwayes better and better.
Render not Evil for Evil.
—but Good for Evil.
Do as you would be done by.
Yield up thy self to God's disposal.
Slight not mens sayings for their persons.
Do not maintain an Error.
But give place to Truth.
Be in all things very circumspect.
Wrong no man of any thing.
Think not goods ill got will prosper.
Meddle not with other mens matters.
Conceal thy Brothers Infirmities.
Preserve thy Neighbors Reputation.
Judge no man unheard.
Strive to reconcile Men.
Pry not into high Mysteries.
Be content with things revealed.
Make others Fall, your Care.
Never give over a good purpose.
Lay God's Judgments to heart.
In Judgment still remember Mercy.

BE unwilling to be outgone by any.
Provide for the Life to come.
Remember the general Account.
Defer not thy Repentance.
Nor do it perfunctorily.
Resist no good Motions.
Being converted, convert others.
Be strong in the Faith.
Wrestle against all Sin.
Beware thy bosome-Sin.
Purge out that chiefly.
Seek not comfort in earthly things.
Agree with thine Enemy quickly.
If thou hast wrong'd, make restitution.
Seek first to be reconciled.
Go out of thy Self.
Hearken not to Sinners inticements.
Give thy Goods to the Poor.
Do nothing without asking a Blessing.
Nor that for which thou canst not ask one.
Put off the Old-man, with his Lusts.
Put on the New-man.
In all things give thanks.
Prefer Truth before all things.
Count worldly wisdom foolishness.
Hate thou Self-conceit.
Love without Dissimulation.
Live peaceably with all men.
Owe nothing but Love.
Put on CHRIST JESUS.
Be followers of Him.
And of good men as they are of Him.
Glory in the Lord only.
Glory not in Men.
Be puffed up with nothing.
Glorify God in Body and Spirit.
They are His, not yours.
Humble your selves under God's hand.
Remember thy Creator in thy youth.
Let the Servants thou keepest be God's.
And walk thou before them in a good example.
Undertake thou no wicked thing.
Know not a wicked Person.
Seek the Lord and his strength.
Tell his Works with gladness.
Rule thy self after God's Word.
Look for help only of God.
Pray not so much against the Punishment (as Sin).
Reade no idle Books.
Do all things heartily.
As to the Lord, not men.
Without Christ you can do nothing.
Remember the work of thy Redemption.
Seek to be reconciled to God in Christ.
Get assurance of the remission of thy sins.
Forfake all thy former courses.
Beg earnestly for Faith: (is sin).
Knowing that whatsoever is without it
Be zealous, but according to knowledge.
Let every thing further your meditation.
Know nothing but to practice. (on).
Sin not, though you may with secrecy.
Consider what thou art by Nature:
—And what by Grace. (self).
—And the dangers of being left to thy
Crave God's preventing and assisting
Disclaim thy own merits. (grace).
Give Him the Glory in Christ Jesus.

OF all things hate SIN especially.
As the cause of all Mischief in the World.
—As that that debaseth the Soul;
And defiles in an instant, totally, eternally;
Robbing it of God's Image, yea of God himself.
As the first founder of Hell; the essence of it being the cause of all evils.
Containing eminently and virtually all evils in the World. And having a peculiar mischief not found in other evils.
1. As not having God for its Author.
2. Christ drank the bitter Cup of Punishment, not of Sin.
3. Other Evils the Saints have chosen as good, but refused good things as evil rather than to sin.
4. If the Devil were without sin, he would be an amiable creature.
5. That onely makes the creature accursed.
6. God hates nothing but Sin.
But besides much Knowledge, many Mercies, with the Circumstances of time, place, &c. aggravate it.
Avoid therefore the least Sin, because so damnable, & inclining our nature to all Sin.
Let nothing incite thee to it. No the whole World.
For the prevention thereof, look to your thoughts; Bring them into obedience to God.
Keep thy Heart as the Fountain; And to that end keep your Senses.
Stop their first rising.
Cherish every good motion.
Lift up your mind to God, both morning and night by prayer, and at all times else, for what you want: or, give thanks for what you have received.
Next, look to Temptation.
If a great one cometh, Seek out that Sin that is the cause of it. And first of all pray; Then reade God's Word, still waiting only on God; Then confess unto thy Brother: after attend thy Calling with care and patience.
Reason not with your Temptation, as though you could prevail of your self, nor dispise it.
If weak, resist: if strong, betake thy self to thy Calling and good Company. If violent, submit patiently. Pray and wait God's pleasure.
Examine your self every evening.
Rip up every Sin: but especially thy bosome-Sin.
Labour against all Sin, chiefly against that.
And pray for all Grace, but chiefly for that that may help thee to conquer thy bosome-sin.
Above all, and in all, seek God's Glory.